

*The Armed Forces People Support Families team within the Ministry of Defence are currently refreshing their internal policy - the Joint Service Publication 913 on Domestic Abuse and Sexual Violence and would very much like to gather survivor feedback, once it is drafted, to make sure it is the best possible policy for those experiencing these issues.*

*We understand that this topic can and will be distressing for survivors and therefore want to assure potential volunteers that there will be a number of options available to provide feedback: on a one to one basis, over email after reading the policy or in a group. However, there will be no need for a survivor to discuss their particular experiences. Any feedback provided will be treated confidentially and will not be attributed to any individuals or groups.*

*Please get in touch with [Sebastina.Johnson841@mod.gov.uk](mailto:Sebastina.Johnson841@mod.gov.uk) if you would like to be involved.*

*If you are being impacted by any of the issues outlined above please utilise the list of contact details below of organisations who can provide support and guidance.*

### **Support for MOD Personnel:**

Civil Servants Employee Assistance Programme (Health Assured)  
0800 345 7047

Army Welfare Service (Mil): 947773053(Civ): +44 (0) 1904 882053 Email: RC-AWS-IAT-0Mailbox@mod.gov.uk

Royal Navy Family and People Support, NS FPSFree phone: 0800 145 6088(Mil): 9380 28777(Civ): +44 (0)23 92728777Email: [navynps-peoplesptnsfpsptl@mod.gov.uk](mailto:navynps-peoplesptnsfpsptl@mod.gov.uk)

Royal Air Force Welfare Service Details of RAF Welfare Services are provided locally via the Personnel Management Squadron. You can also contact SSAFA via the RAF personal Support and Social Work Service as follows:

**Call:** 03000 111 723  
Available 24-hours a day, 365 days a year  
**Email:** [psswsRAF@ssafa.org.uk](mailto:psswsRAF@ssafa.org.uk)

Overseas Personnel and Service Families please Contact:  
British Forces Social Work Service (BFSWS)  
Call: +44 808 168 3111 Email: [crt.bfsws@coreassets.com](mailto:crt.bfsws@coreassets.com)

### **National Support Services**

#### **Sexual Violence**

##### Victim Support Charity

If you've been affected by sexual violence and would like information or support, request support using the online form or call the free Supportline on 08 08 16 89 111. If you are deaf or hard of hearing, you can contact Victim Support using Relay UK on 18001 08 08 16 89 111.

#### **Domestic Abuse**

##### National Domestic Abuse Helpline

The website provides guidance and support for potential victims, and those worried about friends and loved ones. They can be called, for free and in confidence, 24 hours a day on **0808 2000 247**

##### Bright Sky app

You can also use the mobile app Bright Sky, which is designed to be used by anyone looking for more information about domestic abuse. It's free to download.