

Armed Forces Helpline

SAFE, CONFIDENTIAL, & FREE

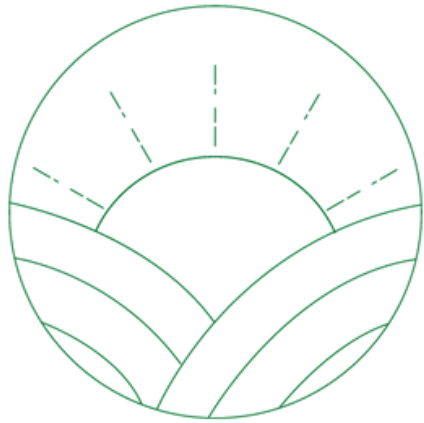
Helpline & Whatsapp

0 3 3 3 0 9 1 2 5 2 7

A helpline for Royal Navy, British Army, and Royal Air Force personnel and their family members. UK or overseas.

For Victims and Survivors of:

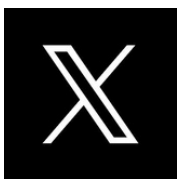
- Domestic abuse
- Sexual violence
- Stalking



AURORA
NEW DAWN

TALK TO US

	Helpline	Whatsapp
Monday	9 A M - 3 P M	
Tuesday	9 A M - 3 P M	9 A M - 3 P M
Wednesday	9 A M - 3 P M	5 P M - 8 P M
Thursday	9 A M - 3 P M	5 P M - 8 P M
Friday	9 A M - 3 P M	
Sunday		1 0 A M - 2 P M



THE ARMED FORCES
COVENANT FUND TRUST

